The school and the community in joint partnership for 37 years of teaching and learning for our children. ‘A KidsMatter School because kids do matter at Eastbourne Primary School.’

Eastbourne Primary School provides high quality and engaging educational programs that encourage opportunities for success. We promote positive values within a safe, supportive and caring environment for our school community.

We acknowledge that Eastbourne Primary School is built on Boonerwrung land.

DATES FOR YOUR DIARY

Term 2 2016
JUNE
23rd Reports go Home
24th End of Term Two
School Finishes 2:30pm

Term 3 2016
JULY
11th Term Three Commences
12th Extraordinary School Council Meeting
18th Assembly
22nd Social Skills Performance Sticks and Stones
25th Student Led Interviews Rm7
27th Marketing Meeting
28th Facilities
29th Student Led Interviews Finance Meeting

PRINCIPAL’S REPORT

Last weekend Ron and I, along with Chris Barry worked to remove the fence along Allambi Avenue in preparation for the new fence due to start on Monday. I’d like to thank Chris and Ron for their assistance.

Ron and I also worked the following day making a Ga-Ga pit near the cricket nets. Ron, despite having a bad cold, worked all day as he knew how important it was for the students to have another thing they could do outside.

While I am thanking individuals, I’d like to thank Jarrod Tipping for his great organisation on Hot Dog Day. Jarrod from ‘Shorty’s Hot Dogs’ worked alongside Danielle and Peta with sound collaboration and not one hitch.

Fence
Due to inclement weather the fencers replacing the fence at the front of the school have been unable to complete the job. By the start of Term 3 our new fence will be sparkling as we move into the warmer weather.

Ga-Ga Pit
The Ga-Ga pit has been completed. Ga-Ga is an Israeli form of Dodgeball and is Hebrew for Hit Hit. Many of our students have played this game at recent school camps. I look forward to the games that will ensue in coming weeks.

Swimming Squad
Notices have gone home with regard to those who expressed an interest in being part of the Eastbourne Primary School Swimming Squad. It will start on the second week in Term 3 on July 20th. If there are other students who are interested in this opportunity please obtain a form at the office. You must be able to swim the length of Colchester pool a number of times. The sessions will be held once a week from 7:30-8:30am (half an hour in the pool) and then all students will walk back to school under the supervision of the ‘Walking School Bus’ staff members.

Canteen
The canteen will not be open tomorrow. The canteen reopens the first day back in Term 3 on July 11th.
Reports and Student Led Interviews

End of Semester Student Reports will be sent home today, Thursday June 23rd. The follow-up Students Led Interviews will now take place on Friday July 29th. A note has been sent home in your child’s report, so online interview bookings can be made for Friday July 29th. Please go to www.schoolinterviews.com.au and use the code rsz2v to make a booking for your Student Led Interview. These will be held on Monday July 7th for Room 7 and Friday July 29th for all other rooms; with the exception of Rooms 3 and 4, whom will have already had their interviews. Friday 29th July will be a pupil free day for all students except for those in Room 3,4 and 7. As with previous years, your child is expected to attend the interview with a parent, but will not be required to attend school for whole the day. This day (9a.m.-6p.m.) has been set aside so meaningful discussions can be held between parents and teachers during a presentation by each student.

FRUIT ROSTER TERM 3 2016

<table>
<thead>
<tr>
<th>Date</th>
<th>Classes</th>
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<tbody>
<tr>
<td>Term 3 12/7</td>
<td>Rms 8, 9 &amp; 13</td>
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Five Cent Friday

Don’t forget to bring in your five cent pieces every Friday for our “Five Cent Friday” collection. This money is used to increase the ingredients cupboard in the kitchen garden. All the children thoroughly enjoy the extras this enables us to supply.

Holidays

Have a happy and safe holiday with your children. We will see you on Monday July 11th for the start of another exciting term with plenty of learning and continuous improvement.

Stephen Wilkinson
Principal

REUSE, RECYCLE, REDUCE!

The Art Room is in need of many items to continue our fabulous art program. If you have any rolls from cling wrap, foil, paper towel, baking paper or cleaned meat trays these would be greatly appreciated.

FRUIT ROSTER TERM 3 2016

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Stephen Wilkinson
Principal
Today I have included information about two programs that could help families with education expenses.

**STATE SCHOOLS’ RELIEF - Prep uniform support**
State Schools’ Relief has for many years been supporting families in need with basic uniform requirements for school.
This year as part of the Victorian State Government’s Affordable Uniform Program, all prep students who received the Camps, Sports and Excursions Fund (CSEF) automatically qualify for a uniform pack voucher.
As we get into the winter months this may be an ideal time to access this offer.
To be eligible you need:
- to be a recipient of the CSEF – check with the office if you are unsure of this.
- to be a prep child in 2016
What you are entitled to:
- A basic windcheater and tracksuit pants or a bombers jacket
Please contact Brett Pascoe for further details.

**SUPER SAVER PLUS PROGRAM (an initiative of ANZ and the Brotherhood of St Laurence)**
The ANZ and the Brotherhood of St Laurence have set up a Super Saver Program to support parents in providing financially for their child’s education. This is a free 10 month program where families can set goals to save up to $500 and when met the ANZ will match the saving dollar for dollar.
Education costs include:
- School and sports uniforms
- Computers, tablets and laptops
- Sports fees
- Text books and School stationery
To be eligible families must:
- Have a health card/Pension concession card
- Be at least 18 years old
- Have a regular income from work (at least one parent/guardian)
- Have not completed the Saver Plus Program before
This would help for budgeting for education expenses for 2017.
Please contact Brett Pascoe for further details.
Brett Pascoe – (Assistant Principal – Student Wellbeing)
- pascoe.brett.w@edumail.vic.gov.au

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**Sports Report**

**Boys Netball Day/Girls Footy Day for Grade 6’s:**
Luckily the weather held off for most of yesterday and we had a very enjoyable day at Truemans Rd. The Boys ‘A’ Netball team had a really good day winning through to the Grand Final against Rosebud PS. Unfortunately, they were beaten by just two goals in a really tight game. They fought back hard at the end, but just couldn’t close that gap.
The Girls Footy team conquered all their opponents to win the small schools division and then played against Dromana PS in the Grand Final. Once again, the girls won, taking out the local title!! They have earned the right to represent our District at the next level in the first week of Term 3. Congratulations.

**School Holiday Basketball Camps:**
Registrations for representative basketball camps and camps for domestic basketballers can be found at [www.sharksbasketball.com.au](http://www.sharksbasketball.com.au) All details are there.

**Auskick:**
Recommences on Monday July 11th at 3.45pm on our school oval.

**After School Netball:**
Recommences on Monday July 11th at 3.30pm in our school Hall.

**Local Footy:**
Looking for something to do this Saturday? Rosebud plays Somerville at Rosebud. U19’s at 10am, Development Team at 12noon and the Seniors at 2pm. The Grand Final replay from last season.

Mr.H
Teaching and Learning Report

Understanding Your Child’s Report

Today your child will be bringing home their report for the first semester of the year. This is a great opportunity for you to understand more about how your child is progressing at school, as well as ‘celebrate their success’.

Report cards demonstrating student achievement against the Victorian Curriculum are provided to parents twice a year using a five point scale to show student progress and achievement at the time of reporting. Reports contain information about the age-related expected level of achievement, except in circumstances where this has been deemed unnecessary by the school in partnership with parents.

Reports are designed to be easy to understand for parents. Teachers use evidence to make judgments about student’s progress against the Victorian Curriculum, and focus on key aspects of their development and areas for further improvement.

In the sample shown here, the grey band shows the expected level of achievement for this point during the child’s schooling. The ‘hollow dots’ show the your child's level of achievement 12 months ago, the dotted line shows their progress over the last 12 months, and the ‘solid dot’ shows the child’s current level of development.

The five-point scale relates to the child’s progress against the expected level. A ‘C’ means that the child is performing at the expected level, a ‘B’ means that the child is above the expected level, and an ‘A’ means the child is performing well above the expected level. A ‘D’ means the child is performing below the expected level and an ‘E’ demonstrates the child is performing well below the expected level.

Research shows that when we focus on the progress children have made (rather than just their level of achievement), children are more likely to engage in the hard-work and persistence required for continued learning progress. Focusing on the dotted lines, and how big these learning steps are, is key to celebrating success with your child.

Hugh Greer  Assistant Principal – Teaching and Learning

greer.hugh.a@edumail.vic.gov.au
Support Your Child’s Learning Over the Holidays!

Beat the Holiday Slump!

Did you know?

- Research shows, over the holidays, some children lose learning gains that they have made over the school term.
- The effects of the ‘holiday slump’ are more likely to be felt in children’s mathematics learning than reading.

The good news is, research also shows that there are some fun and simple things that you can do to help guard against this phenomenon, and your kids can actually make gains over the holidays.

1. **Join and visit the library:** A research study conducted in the US in 2010 found that just by giving kids 12 books to read over the holidays raised students’ reading scores (Allington, 2010). The effect was most pronounced for children from low socio-economic backgrounds. The students were allowed to pick their own books, and researchers believe that giving kids choice over their reading material was a key part of the research success. Even 4-5 books over the summer holidays has shown to prevent the ‘summer slump’ (Kim, 2004). The Rosebud Library is situated in McDowell Street, near the cinemas. Membership is free, and the library has something (from magazines, popular junior fiction, picture story books and non-fiction books) for everyone.

2. **Play some games with your kids:** Playing Uno helps young children learn number and colour recognition. Playing games like *snakes and ladders with 2 dice*, helps children practise addition strategies like counting on, pairs to ten, doubles, etc. For older kids, playing *Yahtzee* helps kids practice addition and multiplication skills, as well as developing their understanding of probability. All you need is 5 dice: you can download the score sheets free from the web. Card games like *Memory* and *Go Fish* are great for younger kids, while *21* helps older children develop mental addition skills. Places like K-Mart sell *Colouring-in, Sudoku* and *Word Search* books for around $3 that help kids with various skills and that children enjoy. The important thing is to spend time playing with your children.

3. **Write for fun:** Done something fun? Get your child to draw and write a recount of the event. It may be a walk on the pier, a trip to Inflatable World, going to the Skate Park or visiting relatives. Encourage your child to write about the events in order, describe the events, participants and the setting using details, and use big words (and have a go at spelling them).

4. **Use technology:** If your child has an iPad or tablet, or access to a computer, there are many excellent programs that support their learning. At Eastbourne all students have free access to Reading Eggs and Mathletics, and there are many great apps that help support children’s development. Again, spending time playing with your kids enhances the impact of technology significantly.

5. **Enhance their language:** One of the best predictors of academic achievement is children’s exposure to rich language. Spending time with your kids having diverse language experiences has an enormous impact on their development.

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**Eastbourne Primary School**

**Celebrates Success**
YEAR SIX EXPO

A huge thank you to all the parents and friends that came along to the Year Six History Expo. We are sure everyone were impressed with the amazing projects produced, not to mention the inventive costumes. The students researched a wide range of people that have made significant contributions to Australia and its history. All the students learnt a lot, along with the teachers and parents!

Chelsea as Steve Irwin
Ebony as Elizabeth Kenny
Jess as Cathy Freeman

Faith as Vivian Bullwinkel
Heath as Steve Bradbury
Chaplain’s Chat!

Ways for parents to reduce stress in themselves and help kids to learn to manage anxiety and stress.

Relaxation
The capacity to relax the body, physiologically to manage and reduce stress.

Body awareness
Body awareness is the first step in recognising and reducing stress. When you experience stress you tense your body. When the stress is removed, the tension will also go away. Abdominal breathing and relaxing your breathing directly affects the level of tension in your body. When tense, your breathing becomes shallow and rapid, and occurs high in the chest.

Information Technology
During our ICT classes students were asked to plan their learning goals for next semester. They did this by posting a personal comment underneath their blog page and also emailing their family. Thank you to all the parents who have responded on our “Carers/Students/Teachers Reflection” page. Please visit our blogs regularly so you can be a part of your child’s learning successes!

http://eastbourneict.global2.vic.edu.au/ Prep-Six Whole School ICT Blog

Well done to the following students for achieving more than 6 months growth during semester 1. You always put in 100% effort and your ICT skills are improving rapidly within every session. Olivia D for completing her ‘Digital Licence’ Ebony D, Chelsea V & Kathryn S are our ‘Duo Lingo’ champions!

Holly G, Kathryn S, Lily W, Sharni N & Kiara S
Summer L, Emily L, Ella D, Daniel S, Ethan B & Jesse Collett
Will R & Tahlia D
Jaylan N, Saxon C, Cooper H, Chelsea N & Leon B
Ella M & Izabelle S
Connor H
Oskar T & Cass C

Skype Miller
kennedy.skype.s@edumail.vic.gov.au

Diet
There is sound research evidence indicating that good nutrition can reduce stress. Supplements for stress management during times of stress is beneficial as your body tends to rapidly deplete stores of vitamins B & C.

Exercise
Exercise has been found to be beneficial for stress management. A small amount of exercise on a regular basis is better than long, exhausting sessions done infrequently.

Professional Assistance
Often severe and/or prolonged stress may exacerbate underlying problems such as anxiety disorders, depression, relationship and family problems or personal trauma.

Sleep
If you are getting 6 hours of sleep or less, you are not getting enough sleep, and may have built up a 'sleep deficit' that makes it more difficult to focus on tasks, handle everyday stressors, and fight off illness.

Friendship
It's important to have at least one person you can talk to about your feelings and the things that are going on in your life; someone you can really be yourself with. Also, having a supportive network of people you can rely on for help.

Time management
Proper management of time can keep your stress level down as you don’t have to experience the feeling of being rushed, worrying about being late, forgetting appointments. Stresses can be related to poor time management.

Get organized
Being organized can reduce the amount of stress you feel in your daily life, and make it easier to get things done.

Live a balanced lifestyle
If your lifestyle isn’t balanced, you could find great stress-reduction benefits in taking a thorough inventory of your life and how you spend your time; then you might like to make some changes.

Diyanne Podhaczky
EPS Chaplain
### Student of the Week Term 2

<table>
<thead>
<tr>
<th>Cass Collett</th>
<th>Marlon Potter</th>
<th>Summer Lee-Drew</th>
</tr>
</thead>
<tbody>
<tr>
<td>Airlie Harris</td>
<td>Stephanie Baker</td>
<td>Zayla Needham</td>
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<tr>
<td>Heidi Garic</td>
<td>Lily Kerry</td>
<td>Samantha Rose</td>
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<tr>
<td>Dylan Grant</td>
<td>Samantha Willis</td>
<td>Jordan Soares</td>
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<tr>
<td>Georgia Novak</td>
<td>Bronagh Dussi</td>
<td>Caylah Paul</td>
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<tr>
<td>Tasharni Cornwell</td>
<td>Katie Steele</td>
<td>Riley Kinzett</td>
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<tr>
<td>Josh Long</td>
<td>Star Eddy</td>
<td>Cooper Hicks</td>
</tr>
<tr>
<td>Ariel Sutton</td>
<td>Jesse Howarth</td>
<td>Jaylan Neddham</td>
</tr>
</tbody>
</table>

A big congratulations to all the children who have the honour of being named *Student of the Week*, we are proud of you all.
Parents and Friends News

The Parents and Friends Association would like to thank all the families who purchased raffle tickets for the Fence Raffle and hot dogs for the Hot Dog Lunch, all funds raised have gone towards the building of our school’s new fence. We would also like to take this opportunity to thank the following businesses for their contributions:

**June**
- Natasha Anderson 25th
- Hugh Jones 26th
- Charlie Ross 27th
- Jye Wood
- Hunter Brown 29th
- Jacyntha Suric 30th
- Robert Sulman 30th
- Heidi Garic

**July**
- Jemma Marino 1st
- Phoebe Lambden 3rd
- Lily-Ann English 4th
- Jett McKenzie 5th
- George Brennan 6th
- Abbey Fletcher 11th
- Rebecca Cameron 12th
- Caydence Spina 13th
- Kiara Smith
- Hailey Barry 13th
- Saxon Coleman

We would like to invite all members of the school community to our next Parents and Friends meeting which will be held on Thursday 21st July at 9:15am in the staff room.

Breakfast Club
Every Day for Everybody
8am to 8.50am

Eastbourne Primary School would like to acknowledge the generous support of the following businesses/community members who have supported the Breakfast Club Program in 2016.

- Bakers Delight (Rosebud Plaza)
- Illaroo St Milkbar
- Waterfall Gully Bakery
- Rangas Bakery
- The Peninsula Life Church
- Katrina Barry for donating bread.
5 steps to smiling better

1. Visit the dentist
   • Visiting the dentist can help maintain a healthy mouth
   • Peninsula Health Dental Services recommend visiting a dentist at least every 12 months
   • Head over to Peninsula Health’s online community dental referral form and book an appointment for your family www.peninsulahealth.org.au

2. Brush twice a day
   • Brushing at least twice a day helps keep your gums healthy, teeth clean and breath fresh
   • Helping children brush their teeth until they are eight years old is important to keep their baby teeth healthy. It also sets good habits for the rest of their life
   • For more information head to www.healthy.org.au

3. Drink tap water
   • Drinking tap water is healthy for your teeth and your body
   • Rinsing with tap water after eating helps clean your teeth in between meals
   • Make tap water your number one choice of drink, it hydrates you and has no sugar
   • Take the 30 day water challenge www.ho3challenge.com.au

4. Eat a healthy diet
   • A healthy diet can help keep your teeth healthy
   • Aim for five serves of vegetables and two serves of fruit a day
   • Avoid sugary foods and drinks as these can damage your teeth
   • For more information check out live lighter www.livelighter.com.au

5. Dairy food
   • Eating dairy food helps strengthen your teeth and bones
   • Dairy foods such as cheese helps reduce acid in your mouth after eating sweet food
   • Choose dairy products low in fat with no added sugar or flavouring
   • For more information head over to www.eatwell.gov.au

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**REGISTER NOW AT AUSSIEHOOPS.COM.AU**

**TERM 3 2016 - Starting Week 2**

**Tuesdays 4pm-4:45 at Dromana Stadium**

**or**

**Thursdays 4pm-4:45 at Hillview Stadium**

**$80 existing player**

**$100 new player**

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**HASTINGS LIBRARY**

7 High Street
T. 5950 1710

**Logo Creation**

**Wednesday 29 June, 2:30pm**

Get imaginative and build your own logo creation that tells a story.

Ages: 5-12

**Puppet Making with Pulling Puppets**

**Saturday 2 July, 11:30am**

Create your very own puppet character to take home. Learn how to make it come alive so you can tell your own tales.

Ages: 5-12

**When the Snake Bites the Sun**

**Wednesday 6 July, 10:30am**

In celebration of NAIDOC Week, come along and listen to the Dreamtime story When the Snake Bites the Sun. Make your own colourful snake to take home.

Ages: 5-12

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**MORNINGTON LIBRARY**

Vanguard Street
T. 5950 1200

**Movie Hotel Transylvania 2**

**Monday 27 June, 10am**

Come, get comfy and watch Dracula and his friends try to bring out the monster in his half-human, half-vampire grandson in order to keep Mavis from leaving the hotel.

Ages: 5-12

**Fee Fi Fo Fum**

**Thursday 30 June, 2:30pm**

Tell tales of giants old and new. Make your own giant to take home with you.

Ages: 5-12

**Puppet Making with Pulling Puppets**

**Monday 4 July, 9:30am**

Create your very own puppet character to take home. Learn how to make it come alive so you can tell your own tales.

Ages: 5-12

**Dragon Tales**

**Tuesday 6 July, 11am**

Come along for some dragon tales and create a dragon to take home.

Ages: 5-12

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**ROSEBUD LIBRARY**

McDowell Street
T. 5950 1200

**Fee Fi Fo Fum**

**Tuesday 28 June, 10:30am**

Tell tales of giants old and new. Make your own giant to take home with you.

Ages: 5-12

**Puppet Making with Pulling Puppets**

**Monday 4 July, 11:30am**

Create your very own puppet character to take home. Learn how to make it come alive so you can tell your own tales.

Ages: 5-12

**Movie Hotel Transylvania 2**

**Tuesday 5 July, 2pm**

Come, get comfy and watch Dracula and his friends try to bring out the monster in his half-human, half-vampire grandson in order to keep Mavis from leaving the hotel.

Ages: 5-12

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**SOMERVILLE LIBRARY**

1045 Frankston-Flinders Road
T. 9772 0834

**Animal Antics**

**Tuesday 28 June, 2pm**

Listen to animal tales, join in the antics and then make the animals up to make some crazy creatures.

Ages: 5-12

**Puppet Making with Pulling Puppets**

**Saturday 2 July, 9:30am**

Create your very own puppet character to take home. Learn how to make it come alive so you can tell your own tales.

Ages: 5-12

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You can now book our holiday program activities online at http://bit.ly/MLPSEVENTS

Born to Read, Tiny Tots and Preschool Storytime sessions will run as normal during this time.