The school and the community in joint partnership for 38 years of teaching and learning for our children.

‘A Kids Matter School because kids do matter at Eastbourne Primary School.’

Eastbourne Primary School provides high quality and engaging educational programs that encourage opportunities for success. We promote positive values within a safe, supportive and caring environment for our school community.

We acknowledge that Eastbourne Primary School is built on Boonerwrung land.

Contact
Eastbourne Primary School, Allambi Avenue, Capel Sound
Phone: 5986 4884 Fax: 5986 1001 email: eastbourne.ps@edumail.vic.gov.au
Newsletter is also available on our website at — www.eastbourne.vic.edu.au

Dates for your diary
Term 1 2017
March
TODAY
Family Fun Day 3.30 to 5.30
ALL FAMILIES

Friday 10th
Curriculum Day — NO STUDENTS ATTEND

Monday 13th
Labour Day Public Holiday

Wednesday 15th
PREPS ATTEND
Division Swimming Carnival

Monday 20th
Assembly

Tuesday 21st
School Photos

Wednesday 22nd
Year 4/5 Briars Excursion

Term dates 2017
Term 1
1st February – 31st March

Term 2
18th April – 30th June

Term 3
17th July – 22nd Sept

Term 4
9th Oct – 22nd December

Notices and upcoming events
Copies of all notices and newsletters and information on what has been happening around the school and coming events are available from our website. Just go to http://eastbourne.vic.edu.au/ then family and community for notices and upcoming events for important dates.

Principal’s report
School Council AGM
I look forward to working with the new Eastbourne Primary School Council for 2017. The membership includes:
Julie Cameron - President
Jared Tipping - Vice President
Belinda Heap - Secretary
Sarah Whitelaw - Treasurer
Stephen Wilkinson, Hugh Greer, Carli Hunter, Brett Pascoe, Bonita Gardiner (Community Member), Michelle Eakins, Jessica Jackson, Ross Male, Leisa Thissen, and Katie Tweedly.

School Council
The following issues were discussed and /ratified at the February 27 meeting:
* Shoes for All
* Excess student equipment at the end of the year
* Book/Fee Payment for the start of term 1
* Rosebud Football/Netball Club request the U15’s would like to start training Wed Feb 15th at EPS. from 4.30 p.m.
* Rock and Rods use of the school facilities (hall and grounds) on Saturday April 8 and Sunday April 9
* Foreshore Rock (November 17/18) to swap with RadioFest (November 25/26)
* April Vacation Care Program
* Dress Code Policy
* Exploring Solar opportunities
* A Day at the Bay
* Inclusive Playground Concept Design
* Year 2 Camp Aug 23-24
* Year 3 Camp Oct 9-11
* Year 5 Camp Oct 24-27

Family Fun Day
Tonight from 3.30 to 5.30pm free! A Family Fun Day will be held for all families at Eastbourne P.S.

Banking
Don’t forget Bank Day is every Tuesday. Is you wish to start a bank account for your child at Bendigo Bank, come to the office to get the appropriate form.

Fruit roster Term 1 2017

<table>
<thead>
<tr>
<th>Date</th>
<th>Classes</th>
</tr>
</thead>
<tbody>
<tr>
<td>14/3</td>
<td>Rms 20 &amp; 13</td>
</tr>
<tr>
<td>21/3</td>
<td>Rms 21 &amp; 14</td>
</tr>
<tr>
<td>28/3</td>
<td>Rms 9 &amp; 6A</td>
</tr>
</tbody>
</table>
The above Fruit Roster is put in place to assist the cutting up and distribution of fruit and vegetables to all classrooms. This is a great program that can only continue with parent assistance. If you can assist please just pop into the Multi Purpose Room from 8:45 a.m. on the above date.

**Curriculum Day**
Tomorrow staff will be involved in a whole school Professional Development.
Our Out of School Hours Care Service will be available from 9am to 3.15pm. Should you require care for your child/children please phone the office before 4.30pm tonight.

**Jump Rope For Heart**
So far we have reached over $2000 with a target of at least $3000. It’s very easy to go online and get sponsors. Children receive gifts based on how much they raise individually. Keep getting those sponsors-friends, relatives, mums and dads. Jump off Day is March 31.

**Neighbour Day**
On Sunday March 19 from 10a.m.-2p.m. Neighbour Day will be held at Tootgarook Primary School. There will be give away’s, sausages, face painting and lots more. Why not make it a family outing? The Eastbourne Primary School students will be putting on a musical extravaganza.

**Bunnings BBQ**
Also on Sunday March 19 we are having a Bunnings BBQ at Rosebud. If you can assist for 30 minutes or more please contact the office.

**A Day at the Bay**
Notices have been sent out for this fabulous Beach excursion. There is no cost. We are asking for parents to volunteer to assist on the day of their child’s excursion. A current Working With Children Card is required.

**Payments**
Many families are using the Direct Deposit facility to make payments for camps, excursions and other requirements that occur during a school year. Some parents already making payments for their books for 2018. Most of these payments are for small amounts—some as little as $5.00 a week but it really does add up and makes major payments so easy to manage. If you would like to take advantage of this option the Eastbourne Primary School Bank Account Details are
Bendigo Bank
BSB: 633 000
Account Number 124505181
Please include your child’s name and reason for payment. This facility can be used for instalments and one off payments. Please contact the office if you have any queries.

**School Review and the Next Strategic Plan**
2017 will see the analysis, discussion and evaluation of our previous four years and the targets we set over this time. As we evaluate our past accomplishments we will be also looking forward to our next 4 year Strategic Plan. A Review by an outside source will be held in term 2 which will guide the future at Eastbourne Primary School. Along the way parents, students and staff will have input into how we are going and where to from here?

This is a great opportunity to put in place programs and processes that will make Eastbourne Primary School an even better educational organisation for your child.

**Bendigo Bank**
The Bendigo Bank continue to be a major supporter of Eastbourne Primary School. Their contribution to our hall 11 years ago was extremely generous. Two years ago we were able to purchase 50 net books for classrooms thanks once again to a grant received from the Bendigo Bank. This year they continue to support our technology purchases. I encourage all families to support this organisation as they support Eastbourne Primary School.

**Stephen Wilkinson**
Principal

---

**SCHOOL PHOTOS**
**TUESDAY 21st MARCH 2017**

Our school photographers, will be at Eastbourne Primary on Tuesday 21st March to take photos of all students. School photo order forms have been sent home with ALL students today. If you would like to purchase photos for your child, please return the personalised order form and payment to your child’s class teacher.

**Orders and payment can be placed online for your convenience using your child’s unique ordering code. If your child loses their envelope this option is not available.**

Each child must have his/her own envelope if ordering photos. If paying by cash we ask your assistance by returning the photo envelope with payment BY MONDAY 20th MARCH as this helps reduce the last minute stress on photo day. If you are not using the online option please ensure correct money is enclosed as CHANGE IS NOT available from the office.

For families that would like a family group photo taken – order forms for the family photos are available on request from the school office.
Teaching and Learning
Report: March 2017
Personalising Your Child’s Learning
This week year six students have been learning about addition and subtraction. I visited their classroom to see the progress they are making.

The year six teachers conducted some pre-assessments to find out what students could do and their next step of learning. Small groups of students were working closely with teachers to learn how to add larger numbers. Mrs Swayn explicitly taught students how to rename, then gave students individualised feedback on their answers to help develop their understanding.

Other groups of students worked on independent activities, either individually or in small groups, consolidating concepts they have already learnt to build fluency, understanding and applying these skills in different contexts.

Students also had the opportunity to choose the place in the room that best suits their learning. The trusting relationships that have been developed also meant that some students chose to complete their tasks outside. Working collaboratively means that students discuss their learning, challenge each other’s thinking and engage more deeply in the task.

At the end of the session, children and teachers reflected on their learning, visibly represented their progress and celebrated their success.

Recently our staff have been developing their skills in developing cognitively challenging tasks in Maths and English. Research shows that when students are given more intellectually challenging tasks, they achieve higher results. This is the focus of our curriculum day tomorrow.

Eastbourne Primary School’s personalised learning approach ensures that children are engaged in school and receiving a curriculum that best meets their needs.

Hugh Greer
Assistant Principal – Teaching and Learning
greer.hugh.a@edumail.vic.gov.au

Student Wellbeing Report:
You Can Do It – In the last CONTACT I wrote about the YOU CAN DO IT program. This program covers the social/emotional skills needed for success in school and throughout life. It is divided into 5 ‘Keys to Success’ - Organisation, Persistence, Confidence, Resilience and Getting Along with Others. This term we have been covering the ORGANISATION Key. Over time students learn to develop the following behaviours:

I can follow timetables
I can hand in work/homework when it is due
I can break tasks into smaller steps
I can plan to do a task so it is not rushed
I can follow directions and information given (verbally and written)
I can keep things where they belong
I can gather all the things I need to do a task
I can prioritise
I can set goals (short term and long term)
I can use checklists

Students learn the positive Habits of the Mind associated with BEING ORGANISED – ‘Planning My Time’ and ‘Setting Goals’ and learn strategies to eliminate the Negative Disorganisation Mindset – ‘Poor Planning’ and ‘No Goals’. It would be helpful for your child to practise these skills, as they develop, at home.

Introducing the School Leaders (part 2)
Hannah
Hi, my name is Hannah. I am 11 years old and have been at Eastbourne since prep. I think Eastbourne is a great school. My hobbies include gymnastics, piano, dance and sport. In my family I have mum, dad and my brother Harry. I also have a dog named Georgia and a rabbit named Twitch. My skills as a leader include being organised, helpful and empathetic towards others.
Summer
Hi, my name is Summer. I have been at Eastbourne since prep. I have loved my years at Eastbourne and am very excited about being on the SRC. My favourite hobbies are dancing, running and swimming. I have been dancing since kinder and I hope to follow through with it for a long time. I have a mum and dad, a brother, two dogs and a rabbit. On weekends I enjoy hanging around with my friends, making musicals, reading and going to the beach. My strengths as a leader are my organisation and ability to help others. I have lots a great memories of my years at Eastbourne.

Lili
Hi, my name is Lili. I have enjoyed all my years at Eastbourne and hope I enjoy my last year to make more great memories. In my spare time I like to play the saxophone and swim. I live with my mum and dad. I have one rag doll and two Japanese Spitz Dogs. I am turning 12 later this year. My best friends are Sophie, Ella and Jazmyn. I think I was chosen to be on the SRC because I am trustworthy and organised.

Emily
My name is Emily. My years at Eastbourne have been the best in my life. The friendships that I have made have been amazing. I have learnt so much and grown a lot as a person. My strengths include confidence, resilience and persistence. I put 110% in everything that I do. I have a very supportive family.

Jaz
Hi, I’m Jaz. I have two sisters and a mum and dad as well as a sausage dog called Basil. I love to play netball, soccer, tennis and play the piano. I also love to swim and read. When I am older I want to be a journalist because I like to find things out and I love to write. I believe I was chosen to be on the SRC because I am trustworthy and organised which is important for a good leader.

Walk and Ride to School Day for 2017 is nearly here - Friday March 17th – mark it in your diary!

Brett Pascoe
Assistant Principal and Student Wellbeing
pascoe.brett.w@edumail.vic.gov.au

ICT Report
Please use our ICT blog to learn more about Cyberbullying.
http://eastbourneict.global2.vic.edu.au/top-tips-for-being-esmart/

National Day of Action against Bullying and Violence, Friday 17 March 2017
Take your part.

Walk and Ride to School Day for 2017 is nearly here - Friday March 17th – mark it in your diary!

Brett Pascoe
Assistant Principal and Student Wellbeing
pascoe.brett.w@edumail.vic.gov.au

Please use our ICT blog to learn more about Cyberbullying. http://eastbourneict.global2.vic.edu.au/top-tips-for-being-esmart/

Skye Miller/I.C.T. Teacher

Kitchen/Garden Program
$60.75 has been donated to our Kitchen/Garden Program through our Scent Friday donations. We also have some lovely navy hair scrunchies and headbands available from the office for a donation to the program. All donations and parent helpers are really appreciated!

Kelly Wood - Kitchen/Garden Coordinator

GLASSES FOR KIDS PROGRAM

Eastbourne Primary School is involved in a program which provides free vision screening for students from Prep to Year 3. If you think your child may require this service please contact the school as a parent consent form is necessary before the testing is undertaken. The initial screening will take place at school under the supervision of a registered optometrist. This is a wonderful initiative and if you do have any concerns about your child’s vision we urge you to contact the school to become involved in this program.
Chaplaincy Report
Teach Mindfulness to Kids
The purpose of teaching mindfulness to our children is to give them skills to develop their awareness of their inner and outer experiences, to recognize their thoughts as “just thoughts,” to understand how emotions manifest in their bodies, to recognize when their attention has wandered, and to provide tools for impulse control. Before you start here are some useful things to remember:

Don’t force it. If your kids aren’t interested in your lesson or activity, drop it. Don’t make mindfulness a punishment. This shouldn’t be, “You hit your sister! Go sit in the mindful corner!” Here are my suggestions for how you can begin to introduce mindfulness to your children. I will give you 3 or 4 steps each newsletter this term to practice with your children at home:

10 Ways to Teach Mindfulness to Kids
1. Keep it simple.
Mindfulness is noticing our thoughts, what our body feels like, what our ears are hearing, and anything else that is around us and happening right now. Asking children to be aware of these things helps them to be mindful.

2. Listen to the bell.
An easy way for children to practice mindfulness is to focus on paying attention to what they can hear. You could use a bell, a set of chimes, or a phone app that has sounds on it. Tell your children that you will make the sound, and they should listen carefully until they can no longer hear the sound (which is usually 30 seconds to a minute). This exercise does have a calming effect on children, and it’s a fun way to teach them to pay attention to their surroundings.

3. Create a mindful bedtime ritual.
Bedtime is a great time to introduce mindfulness to kids. Often kids loves to do a short body-scan meditation before bed — tell them to closes their eyes, and tell them to bring their attention to their toes, feet, to legs, etc. It is a calming way to return to the body at the end of the day. You can find several downloadable meditation scripts, including body scans for your phone, ipad or computer.

Diyanne Podhaczky

PE Report
Rosebud Junior Football Club:
Most of our teams have begun training – if you need any information about Junior Football at RJFC, please contact me.

Rosebud JFC Auskick at Eastbourne:
Posters will be posted around the school this week with information about Auskick.
You can register at aflauskick.com.au and then use the Centre locator to select Eastbourne as your centre.
Auskick will begin in term 2 and each session is on a Monday after school at 3.45. This will commence on Monday April 24th.

District Swimming Championships:
Well done to our small, but enthusiastic swim team. We had some good results in our heats.
 Ella was our ‘Queen of Chlorine”, winning both her events and reaching the Division level of competition on March 15th. She will compete in the Freestyle and the Butterfly over 50 metres.

Summer Lightning Premiership:
This event is not far away for our Grade 5’s and 6’s on Wednesday March 29. Notes will be distributed soon.

Mr H

HAPPY BIRTHDAY FOR THE NEXT 2 WEEKS TO THE FOLLOWING STUDENTS!

March
9th Ava Dakota
10th Zulmira
11th Jaiden Carter
12th Lila
13th William
14th Hayley
15th Hendrix
16th Keley
21st Isobel
22nd Eric Ethan
Dear …………………………..

Well Done! You are showing kindness towards others at school!
You are helping make our school a happy place to play and learn.

Eastbourne Primary School

Breakfast Club
Every Day for Everybody 8am to 8.50am
Eastbourne Primary School would like to acknowledge the generous support of the following businesses/community members who have supported the Breakfast Club Program
* Bakers Delight (Rosebud Plaza) * Food Bank Victoria
* Rye Woolworths * Waterfall Gully Bakery * Rangas Bakery * The Peninsula Life Church

Congratulations to our Students in the Bucket this week:
Ashton  Sarah  Chloe
Chelsea  Ella  Nikolas
Nathan  Dakota  Ella
Airlie  Oskar  Hendrix
Honey-Sue  Leah  Tanella
Taleah  Violet  Tillie
Lyndon

Rosebud West Children’s Project Playgroup
Our playgroup continues to run at school on Tuesday and Thursday mornings from 9:30 until 11:30. Cindy and Yolanda have been organising some great activities with babies and toddlers and their parents. Research shows that spending quality time interacting with your child and has a significant effect on their long term development, and our goal is to improve the quality and quantity of adult-child interactions in our community.
All families are welcome to attend to take some time out and have a positive experience with their child! Some of our playgroup families are moving on to kinder and school next year, so we are looking for parents with babies and toddlers to come along and spend time with their children.
For more information, please contact the school office on 59864884.
Thanks to everyone who has returned their raffle tickets and made a donation to our Easter Raffle. The raffle and colouring in competition will be drawn at our last assembly. Please keep selling those tickets and bring in your donations so we can start making up some great hampers.

Janie Griffin on behalf of the EPS P&F
**Student of the Week 6  Term 1**

A big congratulations to all the children who have the honour of being named *Student of the Week*, we are proud of you all.

<table>
<thead>
<tr>
<th>Student 1</th>
<th>Student 2</th>
<th>Student 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bailin</td>
<td>Lucy</td>
<td>Tahlia</td>
</tr>
<tr>
<td>Grace</td>
<td>Keely</td>
<td>Jayden</td>
</tr>
<tr>
<td>Braydon</td>
<td>Milla</td>
<td>Jason</td>
</tr>
<tr>
<td>Hailey</td>
<td>Oscar</td>
<td>Ngahuia</td>
</tr>
<tr>
<td>Xavier</td>
<td>Ruby</td>
<td>Caydence</td>
</tr>
<tr>
<td>Cooper</td>
<td>Violet</td>
<td>Tillie</td>
</tr>
<tr>
<td>Bailyn</td>
<td>Tavis</td>
<td>Kobie</td>
</tr>
<tr>
<td>Will</td>
<td>Mia</td>
<td>Brenden</td>
</tr>
<tr>
<td>Ramie</td>
<td>Lacey</td>
<td>Ruby</td>
</tr>
<tr>
<td>James</td>
<td>Taleah</td>
<td></td>
</tr>
</tbody>
</table>

Personal Training at affordable prices with Kbomb Fitness, the body transformation centre. Call Kelly 0438 946 404