



**Eastbourne  
Primary School**  
*Celebrates Success*

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27<sup>th</sup> March 2019

### **“Feeling Safe Together” Program**

Dear Parents,

In term two we would like to offer students an opportunity to participate in the “Feeling Safe Together” Program, being run by SECASA.

This program has been designed following research into protective behaviour education programs from both Australia and abroad. Schools are in unique positions to be able to reach children to raise awareness on a range of issues that can impact on a child’s learning and development. The program is aimed at raising awareness of safety, our personal safety and the environment around us.

In addition to safety, the program discusses topics such as our Body’s Early Warning signs, what is a safe/unsafe touch and feelings, personal bubbles, Public and Private, the correct names of Private Parts on our bodies, Secrets, Tricks and Bribes and Safety Networks.

Research clearly states that children who understand prevention techniques are not only at less risk of being abused or bullied, they are also more self-confident and better able to judge the safety of situations they meet in daily life. However, we must remember, it is ultimately the responsibility of the adults caring for the child to seek support or report if they are concerned about a child’s wellbeing.

When we talk to children about staying safe in a calm and caring way, we are indicating to the children that if they are confused about something that is happening, they should never feel that something is SO bad that they can’t tell anyone. We all have the right to feel safe!

SECASA acknowledges the difficulty that might parents face when trying to find a starting point in talking to your children about personal safety. The “Feeling Safe Together” program assists children and their families to develop a common base from which to begin this discussion.

For further queries please do not hesitate to contact the class teacher or our Student Wellbeing Coordinator Mrs Skye Miller.

If you **DO NOT** want your child to participate in this program please return the permission slip by Friday 5ht April, 2019

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#### **Feeling Safe Together Parent**

I **do not** give permission for my child to attend at Eastbourne Primary School.

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Signed: \_\_\_\_\_ (Parent/Guardian) Date: \_\_\_\_\_