

Eastbourne's House Athletics Sports Day Program 2019

9.30-10		10-10.30		10.30-11.00	
Shot Put	Yr 3 Girls	Shot Put	12 Year Boys	Shot Put	12 Year Girls
Long Jump	Yr 3 Boys	Long Jump	Yr 3 Girls	Long Jump	12 Year Boys
Discus	10 Year Girls (Year 4s)	Discus	Yr 3 Boys	Discus	Yr 3 Girls
100m Sprint	10 Year Boys (Year 4s)	100m Sprint	10 Year Girls (Year 4s)	100m Sprint	Yr 3 Boys
High Jump	11 Year Girls	High Jump	10 Year Boys (Year 4s)	High Jump	10 Year Girls (Year 4s)
Triple Jump	11 Year Boys	Triple Jump	11 Year Girls	Triple Jump	10 Year Boys (Year 4s)
Vortex Throw	12 Year Girls	Vortex Throw	11 Year Boys	Vortex Throw	11 Year Girls
Hurdles	12 Year Boys	Hurdles	12 Year Girls	Hurdles	11 Year Boys

R E C E S S 11-1130

11.30-12.00		12-12.30		12.30-1.00	
Shot Put	11 Year Boys	Shot Put	11 Year Girls	Shot Put	10 Year Boys (Year 4s)
Long Jump	12 Year Girls	Long Jump	11 Year Boys	Long Jump	11 Year Girls
Discus	12 Year Boys	Discus	12 Year Girls	Discus	11 Year Boys
100m Sprint	Yr 3 Girls	100m Sprint	12 Year Boys	100m Sprint	12 Year Girls
High Jump	Yr 3 Boys	High Jump	Yr 3 Girls	High Jump	12 Year Boys
Triple Jump	10 Year Girls (Year 4s)	Triple Jump	Yr 3 Boys	Triple Jump	Yr 3 Girls
Vortex Throw	10 Year Boys (Year 4s)	Vortex Throw	10 Year Girls (Year 4s)	Vortex Throw	Yr 3 Boys
Hurdles	11 Year Girls	Hurdles	10 Year Boys (Year 4s)	Hurdles	10 Year Girls (Year 4s)

L U N C H 1-1.30

1.30-2.00		2.00-2.30		2.30-3	
Shot Put	10 Year Girls (Year 4s)	Shot Put	Yr 3 Boys	<p style="text-align: center;">House Relays</p> <p style="text-align: center;">House Point Winners Announced.</p> <p style="text-align: center;">Pack-up.</p>	
Long Jump	10 Year Boys (Year 4s)	Long Jump	10 Year Girls (Year 4s)		
Discus	11 Year Girls	Discus	10 Year Boys (Year 4s)		
100m Sprint	11 Year Boys	100m Sprint	11 Year Girls		
High Jump	12 Year Girls	High Jump	11 Year Boys		
Triple Jump	12 Year Boys	Triple Jump	12 Year Girls		
Vortex Throw	Yr 3 Girls	Vortex Throw	12 Year Boys		
Hurdles	Yr 3 Boys	Hurdles	Yr 3 Girls		

